

SAVE THE DATES...

- May 6-12 Nurses week
- May 7 Relay Bake Sale 8am
- May 9-15 Hospital week
- May 9-Mothers Day
- May 12-Blood Drive 12:30-4:30
- May 20-Club Scrub Nursing
- May 26-Mandatory Workplace Violence in-service
- May 31-Memorial Day
- June 19-20 Relay for Life

INSIDE THIS ISSUE:

- Celebrations 2
- Nurses Week 2
- Hospital Week 3
- Biggest Loser 3
- Stroke Prevention 4
- Cost of a child... 5
- May Calendar 6

# Memorial News

VOLUME 17, ISSUE 5

MAY 2010

## From Sherry's Desk~

What great weather we have been having! It is wonderful to see everything so green, crops being planted, flowers blooming, and kids out playing.

May is a busy month for everyone. Mother's Day, graduations, and Memorial Day are all celebrations that we will enjoy this month with family and friends. Nurses Week and Hospital Week are celebrated starting May 6. MHLC will provide healthy snacks in the lobby all week for our patients and visitors as a thank you for allowing us to be their health care provider. There will also be other activities throughout this period for all to enjoy.

The state tax on Critical Access Hospitals did pass both the state Senate and Assembly and was signed by the governor on April



19. The tax will be effective July 1, 2010. At that time the 10% Medicaid cut in payments that was effective January 1, 2010 will stop and the tax will start.

MHLC receives an on-site state and federal survey

every 3 years. April 26 – 28 the surveyors were here and surveyed all departments as well as the entire physical plant to ensure compliance with all state and federal rules governing hospitals. Congratulations to all departments for having an excellent survey. We now have another reason to celebrate Hospital and Nurses Week.

MHLC has a new Hospital Board post the spring elections. John Bartels is the Chairman. The members are Wayne Wilson, Bob Boyle, Gerald Heimann, Carol Korn, and Dr. Bernardoni. Welcome to our new Board – we are looking forward to working with you for the next 2 years.

Mississippi Valley Regional Blood Center

Blood Drive-Memorial Hospital Conference Room

**Wednesday May 12th 12:30-4:30 p.m.**

...Appointments requested, but walk-ins welcome!

Call 776-5731 for Appts

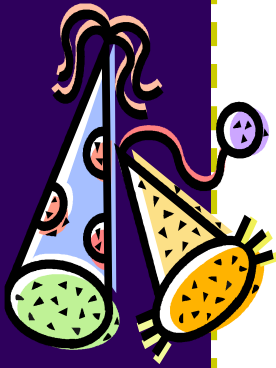
## Celebrations...

### May Birthdays

Becky Kerkenbush	8
Barb Ritchie	10
Dr. Chubb	11
Dawn Blotz	15
Catherine Klang	19
Marlene Monahan	22
Ed Wiegel	28

### May Anniversaries

Susan Godfrey	1979
Deb Krahenbuhl	1979
Ruth Curtiss	1984
Diane Bredeson	1994
Vicki Wiegel	1994
Marcy Christensen	1999
April Lancaster	2000
Tonya Kammes	2002
Jennifer Koehler	2002
Marge Carr	2005
Cassie Prine	2006
Amber Capp	2007
Stephanie Jackson	2008

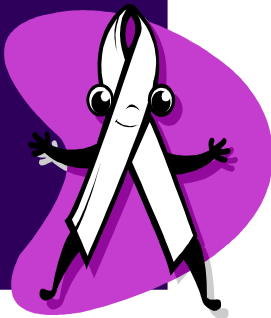


"May" you have a very special day!

*"I feel the capacity to care is the thing which gives life its deepest significance."*

*Pablo Casals*

May you get all your wishes but one, so you always have something to strive for!



## Nurses Week May 6-12...

**WE THANK ALL OUR NURSES FOR THEIR DEDICATION AND COMMITMENT TO CARING FOR OUR COMMUNITY!**

15 Reasons to Love Nursing...

- ♥ Making a difference in people's lives ♥ Never a dull moment ♥
- ♥ Rewarding memories ♥ Doing things no one thought could be done ♥
- ♥ Helping healing happen ♥ Working your mind, body and soul ♥ Rewards money can't buy ♥ Every day is an adventure ♥ Seeing a patient's face light up ♥ Adrenaline rushes ♥ Tender moments ♥ Spreading smiles ♥
- ♥ A sense of accomplishment ♥ Meeting an essential need ♥
- ♥ Knowing you're doing good even on bad days♥

## Relay For Life...

Join Memorial Hospital to help raise money for the American Cancer Society's Relay for Life June 19-20. This year our team will raise funds by

having a t-shirt sale, Jeans/logo Fridays, 50/50 chances the whole month of May, a bake sale on May 7th, spare change collection, and a Wish Bowl in the lobby. Our theme is "Wishing for a Cure!" and our goal

is to raise \$2000 and have walkers on the track for 24 hours. If you need more information on how you can support or join the MHLC Relay Team, please call 776-5731.

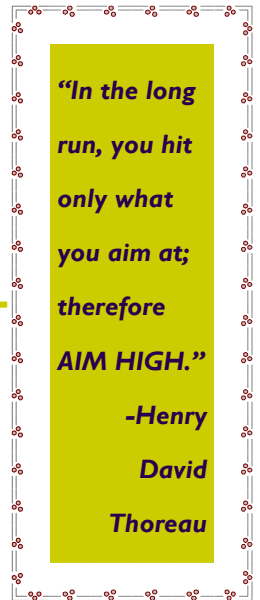
## Notes from Marie...

Greetings from your MHLC CFO...

It has been two years for me now at Memorial Hospital of Lafayette County and I feel very privileged to be a part of the MHLC Team. I am so proud, as I think of all the accomplishments over the past two years for the hospital. One of the biggest achievements has been the implementation of the Electronic Health Records System and moving through the steps to get MHLC closer to meeting the requirements of "meaningful use" as it relates to Medicare's definitions in order to qualify for federal grant dollars and to avoid penalties. It has been a pleasure

to be a part of the great teamwork and amazing patience set forth by all the staff as we continue down this path. This is all part Government's plan of making the patient's Health Information Exchange between facilities better and more efficient for the best patient quality of care. I would also like to say Thank You to MHLC and the community for all the support and trust over the past two years at Memorial Hospital of Lafayette County. I am looking forward to many more years of new and exciting opportunities with the Memorial Hospital of Lafayette County Team. Please visit our website at

[www.memorialhospitaloflafayettecounty.org](http://www.memorialhospitaloflafayettecounty.org) to get a full list of the many great services offered here in Lafayette County and updated information about MHLC. MHLC is proud to support Patient Friendly payment plans and Patient Financial Assistance Program. Please contact our Billing Department with any questions or concerns at 608-776-5733 or visit our website for more information. We appreciate your feedback and are very happy to serve you. Thank You for choosing Memorial Hospital of Lafayette County for all your healthcare services!!  
**Marie**



## Hospital Week May 9-15...

Please join us in celebrating National Hospital Week. We can take this time to thank all of those who make our hospital successful. To our patients, it is our pleasure and privilege to care for you. To our staff, it takes dedication from each

team member to ensure our success, we THANK YOU! To our community, we thank you for your continued support and generosity. We also give a big thanks to our Hospital Board, the Memorial Hospital Auxiliary and the Memorial Health-

care Foundation; without your efforts, time and talents, we would not be where we are today. To honor our special week, we will have healthy snacks and drawings for small prizes in our lobby. Happy Hospital Week!

## Biggest Loser...

Interested hospital employees and medical providers joined together in the early weeks of February to begin a weight loss challenge. The staff of our Access Dialysis Unit created an 8 week "Biggest Loser" competition and formed 7 teams with 4-7

members. Each member weighed in weekly and weight loss was tallied and each team was measured on the percentage of weight loss. The total weight loss over 8 weeks was 470 lbs! Our Health Information Management Department

team won the challenge with a total weight loss of 142 lbs or 10.47%! This project was such a success, another challenge is underway...watch for the amazing results!



## Memorial Hospital of Lafayette County

Brought to you by the  
Community Outreach Dept  
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**“we treat you like family!”**

**Stroke is a medical emergency that can strike anyone.**

**EVERY MINUTE MATTERS.**

**Know these warning signs of stroke and teach them to others!**

- *Sudden numbness or weakness of the face, arm or leg, especially on one side of the body*
- *Sudden confusion, trouble speaking or understanding*
- *Sudden trouble seeing in one or both eyes*
- *Sudden trouble walking, dizziness, loss of balance or coordination*
- *Sudden, severe headache with no known cause*

In the past, doctors couldn't do much to help stroke victims. That's not true today. Now stroke doesn't have to lead to disability or death...

**...IF you recognize a stroke and get to the hospital immediately.**

**The clot-dissolving drug tPA can reduce disability if it's given within three hours after an ischemic stroke starts. (Ischemic strokes are caused by clots and are by far the most common type of stroke.)**

**Unfortunately, tPA isn't used as often as it could be because many people don't seek care quickly. Don't make that mistake. If you or someone near you has any warning signs of a stroke, call 9-1-1 immediately!**

**Call 9-1-1 at the first sign of stroke!**

**Time lost is brain lost. Your area responders are trained to get you the best and fastest care possible. Calling 9-1-1 connects you to a stroke team that can get the treatment you need. It's a no-brainer!**

**STROKE Recognize & Respond!**

©2010, American Heart Association. Also known as the Heart Fund.

[www.memorialhospitaloflafayettecounty.org](http://www.memorialhospitaloflafayettecounty.org)

## May is Stroke Prevention Month...

**This is a great story that one of our patients was gracious enough to share with us...**

In August of 2009, it was just another summer day for Patricia Black of Darlington, until she started feeling confused, had trouble walking and had a strange honeycomb like haze over her right eye. Just earlier that day, Pat had heard an ad on a local radio station describing the symptoms of a stroke and how they urged it was a medical emergency. Immediately Pat's husband took her to the emergency room of Memorial Hospital of Lafayette County (MHLC) for treatment. Pat's husband recalled that it took just minutes for the ER staff to recognize that she was having a stroke and to implement the appropriate testing that

was needed. Pat received a CT scan right away and the quick results confirmed the outcome that Pat's family had not hoped for. Since Pat and her husband could recall the exact time when her symptoms began and she received medical treatment within the 3 hour window of opportunity, Pat was eligible for the blood clot busting drug that can reverse the devastating effects of a stroke. Pat was able to receive tPA administration at MHLC and her condition was continuously monitored as she was transferred to an urban Madison hospital. Pat recalled "within two hours of this all, I was back to normal. Dr. Solverson and the staff of MHLC were wonderful!" What Pat and her family didn't realize, was that just 10 months

before this happened, MHLC was awarded grant funding to expand upon their stroke education for staff and community. MHLC opted to match those funds for extras such as billboards, giveaways and the very radio ad that Pat had heard on the day of her stroke, about the importance of knowing the early warning signs and symptoms of stroke. Pat and her family now know that without MHLC being so close to home, her medical outcome may not have been the same and it is so important to have access to the kind of quality healthcare the Memorial Hospital of Lafayette County can provide. They really do "treat you like family"!

## On this Mother's Day, have you ever calculated the cost of raising your children?...

The government recently calculated the cost of raising a child from birth to 18 and came up with \$160,140.00 for a middle income family. Talk about sticker shock! That doesn't even touch college tuition.

But \$160,140.00 isn't so bad if you break it down. It translates into \$8,896.66 a year, \$741.38 a month, or \$171.08 a week. That's a mere \$24.24 a day! Just over a dollar an hour. Still, you might think the best financial advice is don't have children if you want to be "rich." Actually, it is just the opposite.

...What do you get for your \$160,140.00?

- Naming rights. First, middle, and last!
- Glimpses of God every day. Giggles under the covers every night. More love than your heart can hold. Butterfly kisses and Velcro hugs.
- Endless wonder over rocks, ants, clouds, and warm cookies. A hand to hold, usually covered with jelly or chocolate.
- You have a partner for blowing bubbles, flying kites, building sand castles, and skipping down the sidewalk in the pouring rain.
- You have someone to laugh yourself silly with, no matter what the boss said or how your stocks performed that day.
- For \$160,140.00, you never have to grow up.
- You get to finger paint, carve pumpkins, play hide-and-seek, catch lightning bugs, and never stop believing in Santa Claus.
- You have an excuse to keep reading the Adventures of Piglet and Pooh, watching Saturday morning cartoons, going to Disney movies, and wishing on stars.
- You get to frame rainbows, hearts, and flowers under refrigerator magnets and collect spray painted noodle wreaths for Christmas, Indian and Pilgrim costumes at Thanksgiving, hand prints in clay for Mother's Day, and cards with backward letters for Father's Day.
- For \$160,140.00, there is no greater bang for your buck. You get to be a hero just for retrieving a Frisbee off the garage roof, taking the training wheels off a bike, removing a splinter, filling a wading pool, coaxing a wad of gum out of bangs, and coaching a soccer team that never wins but always gets treated to ice cream regardless.
- You get a front row seat to history witnessing the first step, first word, first dance recital, first bra, first date, and first time being behind the wheel.
- You get to be immortal. You get another branch added to your family tree, and if you're lucky, a long list of limbs in your obituary called grandchildren and great-grandchildren.
- You get an education in psychology, nursing, criminal justice, communications, and human sexuality that no college can match.

In the eyes of a child, you rank right up there with God. You have the power to heal a boo-boo, scare away monsters under the bed, patch a broken heart, police a slumber party, ground them forever, and love them without limits, so that one day they will, like you, love without counting the cost.

**ENJOY your kids and have a very HAPPY MOTHER'S DAY!**

# May 2010

**MEMORIAL HOSPITAL  
OF LAFAYETTE COUNTY**

...“We Treat You Like Family”



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Cardiology-Dr. Stoiber</i>  <i>Podiatry-Dr. Chubb</i>	4 <i>Audiology-Dr. Rubert</i>  <i>Orthopedics-Dr. Sathoff</i>	5 <i>Neurology-Dr. Perry</i> <i>General Surgery-Dr. Rebchook</i>  <i>Urology-Dr. Graf</i>	6 <i>Vascular Surgery-Dr. Carr</i>  <i>Diabetic Ed-Carol Lancaster</i> <i>Nurses Week...</i>	7 <i>Cardiology-Dr. Hinderaker</i>	8
9 <i>Happy Mother's Day!</i>  <i>Hospital Week</i>	10 <i>Cardiology-Dr. Stoiber</i>  <i>GYN-Dr. Lindsey</i>  <i>Podiatry-Dr.</i>	11 <i>Orthopedics-Dr. Sathoff</i>	12 <i>Urology-Dr. Graf</i>	13 <i>Endocrinology-Dr. Bekx</i>  <i>ENT-B. Knutson</i>	14	15
16	17 <i>Cardiology-Dr. Mason</i>  <i>Podiatry-Dr. Chubb</i>	18 <i>Audiology-Dr. Rubert</i>  <i>Orthopedics-Dr. Sathoff</i>	19 <i>Neurology-Dr. Perry</i> <i>General Surgery-Dr. Rebchook</i>  <i>Urology-Dr. Graf</i>	20 <i>Vascular Surgery-Dr. Carr</i>  <i>Diabetic Ed-Carol Lancaster</i>	21 <i>Cardiology-Dr. Hinderaker</i>	22
23	24 <i>Cardiology-Dr. Hinderaker</i>  <i>GYN-Dr. Lindsey</i>  <i>Podiatry-Dr. Chubb</i>	25 <i>Orthopedics-Dr. Sathoff</i>	26 <i>Urology-Dr. Graf</i>	27 <i>Cardiac Pacer-Dr. Grogan</i>  <i>Neurology-Dr. Kazkaz</i>	28 <i>Cardiology-Dr. Stoiber</i>	29
30	31 <i>Happy Memorial Day!</i>					