



## From Sherry's Desk~

It's September already! This year summer went faster than ever before. August was another busy month at MHLC. The month was spent doing the 2010 budget. Due to county ownership we are a portion of the county's budget and it takes several weeks to complete the process of meetings with the Hospital Board, the Finance committee, the public hearing, and then adoption by the full County Board. The current issue of health care reform is of importance to MHLC and its future as well as important to each of us indi-

vidually as users of health care. Representative Ron Kind's visit to Lafayette County on August 25<sup>th</sup> allowed for public comment and thoughts to be expressed to our Congressman. The listening session was well attended by over 350 people from Lafayette and neighboring counties. Representative Kind listened as the public voiced their opinions and concerns about current issues and expressed his thoughts and ideas on the pro-

posed health care legislation. On a less serious note – remember that September 23<sup>rd</sup> is our end of summer picnic where Marie, Kathy, and I cook. This is always a memorable occasion in one way or another! Enjoy the beautiful fall weather and our



local high school and college sporting events.

See what's new at

[www.memorialhospitaloflafayettecounty.org](http://www.memorialhospitaloflafayettecounty.org)

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**Save the dates:**

- Sept 7-Labor Day
- Sept 16-Registration Noise Reduction In-Service @12:30
- Sept 17 Noise Reduction In-service @12:30
- Sept 23-Employee Appreciation Lunch
- Sept 28-Noise Reduction In-service 2:30pm
- Oct 1-Noise Reduction In-service 10am

## Celebrations...

### September Birthdays

Dale Cwynar	4
Lynda Smith	5
Sue Jacobson	11
Brittany Long	19
Michelle Hauser	20
Jennifer Erickson	20
Dr. Perry	21
Dr. Sathoff	22
Grace Salathe	23
Julia Westemeier	27
Tina Brugger	29
Sara Mathys	29
Judy Kienzle	30



The best things in life  
are not things!

### September Anniversaries

Rhonda Wonders	1973
Lynda Smith	1975
Coleen Blackbourn	1979
Grace Salathe	1992
Jim Bradley	2002
Sara Mathys	2004
Pat Martin	2005
Jean Kendall	2006
Deanna Ritschard	2007
Krisann Karls	2007
Denise Williams	2008

## Nursing donates funds...

The MHLC Nursing staff would like to thank all who participated in their annual basket raffle during National Nurses Week (May 6-13). The nurses, CNA's and support staff raised \$656 dollars total during their special week and

have decided to donate the funds to the following; \$250 to the Lafayette County K-9 unit, \$206 to a local food pantry, \$100 for equipment to shampoo patients hair in

bed and \$100 to purchase underclothes for needy elderly patients. Thank you again to everyone who donated baskets and to all that purchased raffle tickets.

*I feel the capacity to care  
is the thing which gives  
life its deepest significance.  
-Pablo Casals*

## Celebrate Employee Appreciation...

On Wednesday September 23rd, MHLC will celebrate appreciation of all staff. In the spirit of the appreciation, Sherry, Kathy and Marie, along with the Dietary



Dept, will grill up a delicious healthy meal for the hospital staff members. 20 employees will receive recognition for milestone years of service of 5, 10, 15, 20, 30 and 35 years! The dedication

of these individuals proves the commitment they have for providing quality health-care to our community. MHLC truly appreciates each and every employee and how they contribute to its success!

## Notes from Marie...

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Greetings from your MHLC CFO...

Everyone at Memorial Hospital of Lafayette County has been working very hard on the 2010 Annual Budget. It is always exciting looking ahead to our future and anticipating many new and exciting opportunities for MHLC. It is also very encouraging as each department is also looking for ways to reduce expenses and still main-



tain a very high level of quality. With everyone's input it makes my part very simple in compiling a very realistic budget report to present to our Hospital Board and the County Board. A true team-work effort is always set forth with everyone here at MHLC. Please continue to review your statements from our office, and if you have any

questions or concerns, please call us at 608-776-5733. We appreciate your feedback and are very happy to serve you. MHLC is proud to support Patient Friendly payment plans and Patient Financial Assistance Program. Please contact our Billing Department with any questions or concerns at 608-776-5733. Thank You for choosing Memorial Hospital of Lafayette County for all your healthcare services!!

*Marie*

## Free gifts in Oct...

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October is National "Breast Cancer Awareness" month, and during this special month, our Radiology Department is offering free gift bags filled with free educational materials as well as some personal goodies to mammogram recipients. The American Cancer Society recommends every woman to have their

first mammogram between the ages of 35-40, and every year thereafter. Annual screening is the first step in early detection of breast cancer. If you are interested in scheduling a mammogram in October,

*Early detection is the best protection. Have health tests and screenings on time ,and encourage those you love to do the same.*

please contact your physician. A breast exam is suggested to be performed by your medical provider prior to ordering your mammogram. Free gift supply is limited, so for more information, please call MHLC Radiology at 608-776-5726.

## Noise Reduction at MHLC...

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In efforts to create a calm, quiet environment, the Safety committee and Quality Improvement committee of MHLC are holding mandatory in-services for staff to reduce and possibly eliminate overhead paging. MHLC strives to create ways and improve

upon communication procedures. MHLC also gets "graded" on the quietness of our facility by all inpatients on a post-stay survey. An in-service dedicated for Front Desk and Registration staff is scheduled for Wed Sept 16th at 12:30. All other staff are

invited to attend sessions on Sept 17th at 12:30 pm, Sept 28th at 2:30 pm and Oct 1st at 10 am.



**MEMORIAL HOSPITAL  
OF LAFAYETTE COUNTY**

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... "We treat you like family"

***Stroke? Call 911***

***Every second  
counts!***



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OF LAFAYETTE COUNTY**

... "We Treat You Like Family"

**See what's new at  
[www.memorialhospitaloflafayettecounty.org](http://www.memorialhospitaloflafayettecounty.org)**

**Play Group...**

Parents and children (infants to school age)...

Come play and meet new friends at

**Play Group**

Tuesdays from 9-11 a.m. in the gymnasium of the

Dora Ritter Wellness Center

In the Darlington Municipal Building

This FREE event is sponsored by Families First...New Beginnings of Lafayette Co.

\*All children must be supervised and accompanied by an adult at all times! No black soled shoes.



## **Take Time...**

Too many people put off something that brings them joy just because they haven't thought about it, don't have it on their schedule, didn't know it was coming or are too rigid to depart from their routine.

I got to thinking one day about all those women on the Titanic who passed up dessert at dinner that fateful night in an effort to cut back. From then on, I've tried to be a little more flexible.

How many women out there will eat at home because their husband didn't suggest going out to dinner until after something had been thawed? Does the word 'refrigeration' mean nothing to you?

I cannot count the times I called my sister and said, 'How about going to lunch in a half hour?' She would gasp and stammer, 'I can't. I have clothes on the line. My hair is dirty. I wish I had known yesterday, I had a late breakfast, It looks like rain.' And my personal favorite: 'It's Monday.' She died a few years ago. We never did have lunch together.

Because Americans cram so much into their lives, we tend to schedule our headaches. We live on a sparse diet of promises we make to ourselves when all the conditions are perfect!

Life has a way of accelerating as we get older. The days get shorter, and the list of promises to ourselves gets longer. One morning, we awaken, and all we have to show for our lives is a litany of 'I'm going to,' 'I plan on,' and 'Someday, when things are settled down a bit.'

When anyone calls my 'seize the moment' friend, she is open to adventure and available for trips. She keeps an open mind on new ideas. Her enthusiasm for life is contagious. You talk with her for five minutes, and you're ready to trade your bad feet for a pair of Roller blades and skip an elevator for a bungee cord.

My lips have not touched ice cream in 10 years. I love ice cream. It's just that I might as well apply it directly to my stomach with a spatula and eliminate the digestive process. The other day, I stopped the car and bought a triple-decker. If my car had hit an iceberg on the way home, I would have died happy.

Now...go on and have a nice day. Do something you WANT to.....not something on your SHOULD DO list. If you were going to die soon and had only one phone call you could make, who would you call and what would you say? And why are you waiting?

Have you ever watched kids playing on a merry go round or listened to the rain lapping on the ground? Ever followed a butterfly's erratic flight or gazed at the sun into the fading night? Do you run through each day on the fly? When you ask 'How are you?' Do you hear the reply? When the day is done, do you lie in your bed with the next hundred chores running through your head? Ever told your child, 'We'll do it tomorrow.' And in your haste, not see his sorrow? Ever lost touch? Let a good friendship die? Just call to say 'Hi?

When you worry and hurry through your day, it is like an unopened gift....Thrown away..... Life is not a race, take it slower. Hear the music before the song is over....

**Life may not be the party we hoped for... but while we are here, we might as well dance!**

# September 2009

## MEMORIAL HOSPITAL OF LAFAYETTE COUNTY

...“We Treat You Like Family”



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> Audio-Dr. Rubert Ortho-Dr. Sathoff	<i>2</i> Gen Surg-Dr. Yurcek Urology-Dr. Graf	<i>3</i> Gen Surg-Dr. Yurcek Vascular-Dr. Carr	<i>4</i> Cardio-Dr. Hinderaker	<i>5</i>
<i>6</i>	<i>7</i> <b><u>Labor Day</u></b>	<i>8</i> Ortho-Dr. Sathoff	<i>9</i> Neuro-Dr. Perry Urology-Dr. Graf	<i>10</i> ENT-B. Knutson Pacer-R. Fields	<i>11</i> Cardio-Dr. Stoiber	<i>12</i>
<i>13</i>	<i>14</i> NO Cardiology GYN-Dr. Lindsey Podiatry-Dr. Chubb	<i>15</i> Audio-Dr. Rubert Ortho-Dr. Sathoff	<i>16</i> Urology-Dr. Graf	<i>17</i> Neuro-Dr. Kazkaz Vascular-Dr. Carr	<i>18</i> Cardio-Dr. Hinderaker	<i>19</i>
<i>20</i>	<i>21</i> NO Cardiology Podiatry-Dr. Chubb	<i>22</i> Ortho-Dr. Sathoff	<i>23</i> Neuro-Dr. Perry Urology-Dr. Graf	<i>24</i> Gen Surg-Dr. Yurcek Cardio-Dr. Grogan	<i>25</i> Cardio-Dr. Stoiber	<i>26</i>
<i>27</i>	<i>28</i> Cardio-Dr. Hinderaker GYN-Dr. Lindsey Podiatry-Dr. Chubb	<i>29</i> Ortho-Dr. Sathoff	<i>30</i> Gen Surg-Dr. Yurcek Urology-Dr. Graf			